

## Patent Claims

1. A method for transmission power adjustments for a mobile communications terminal, which is equipped with a power amplifier whose output signal amplitude depends on the frequency of an input signal to the power amplifier, an RF connector, an internal antenna and a connection for an external antenna, and which is designed for operation in at least one standard mobile radio frequency band, characterized in that the at least one standard mobile radio frequency band is subdivided into two or more frequency intervals, and one power adjustment operation is carried out in each case for at least some of the frequency intervals.

2. The method as claimed in claim 1, characterized in that the power adjustment operation for the frequency intervals is carried out by access to at least one reference table, in which an adjustment factor is associated with each frequency interval.

3. The method as claimed in claim 1, characterized in that the power adjustment is carried out on the basis of measurements of an antenna in order to determine whether the internal or the external antenna is being used.

4. The method as claimed in claim 3, characterized in that, when using the internal antenna, the power adjustment is carried out such that the emitted power level from

the mobile communications terminal is essentially independent of the frequency of the input signal to the power amplifier.

5. The method as claimed in claim 4,  
characterized in that  
the power adjustment is carried out such that  
optimization of the SAR value over the at least one  
5 standard mobile radio frequency band is given priority.

6. The method as claimed in one of claims 3 to 5,  
characterized in that,  
when using the external antenna, the power adjustment  
10 is carried out such that the RF power which is applied  
to the RF connector is essentially independent of the  
frequency of the input signal to the power amplifier.

7. A mobile communications terminal having a  
15 power amplifier whose output signal amplitude depends  
on the frequency of the input signal to the power  
amplifier, an RF connector, an internal antenna and a  
connection for an external antenna, and having a device  
for power adjustment for the output power from the  
20 communications terminal in at least one standard mobile  
radio frequency band,  
characterized in that  
the device for power adjustment is designed to adjust  
the output power for two or more frequency intervals  
25 (1; 2; 3; 4; 5; 6) in the at least one standard mobile  
radio frequency band.

8. The communications terminal as claimed in claim 7,  
characterized in that  
30 the device for power adjustment has at least one  
software-implemented reference table (V1; V2), in which  
an adjustment factor is associated with each frequency  
interval (1; 2; 3; 4; 5; 6).

9. The communications terminal as claimed in claim 8,  
characterized in that  
the device for power adjustment comprises an RF  
5 connector (K) for the communications terminal, on which  
the power adjustment is carried out.

10. The communications terminal as claimed in claim 7,  
characterized in that  
10 the device for power adjustment is connected to an  
antenna detector (D) for the mobile communications  
terminal, which determines whether the internal or the  
external antenna is being used.